

Lectio Divina



Lectio Divina for the Eleventh Week in Ordinary Time

We begin our prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O God, strength of those who hope in you,
graciously hear our pleas,
and, since without you mortal frailty can do
nothing,
grant us always the help of your grace,
that in following your commands
we may please you by our resolve and our deeds.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.

(Collect, Eleventh Sunday in Ordinary Time)

Reading (*Lectio*)

Read the following Scripture two or three times.
Mark 4:26-34

Jesus said to the crowds: “This is how it is with the kingdom of God; it is as if a man were to scatter seed on the land and would sleep and rise night and day and through it all the seed would sprout and grow, he knows not how. Of its own accord the land yields fruit, first the blade, then the ear, then the full

grain in the ear. And when the grain is ripe, he wields the sickle at once, for the harvest has come.”

He said, “To what shall we compare the kingdom of God, or what parable can we use for it? It is like a mustard seed that, when it is sown in the ground, is the smallest of all the seeds on the earth. But once it is sown, it springs up and becomes the largest of plants and puts forth large branches, so that the birds of the sky can dwell in its shade.” With many such parables he spoke the word to them as they were able to understand it. Without parables he did not speak to them, but to his own disciples he explained everything in private.

Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.



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Prayer (*Oratio*)

Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.

Contemplation (*Contemplatio*)

Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

Through it all the seed would sprout and grow, he knows not how. What places or experiences make me ponder God's majesty and power? How can I increase my sense of wonder and awe in God's presence?

Of its own accord the land yields fruit. What fruits can I bring to harvest in my life? How can these fruits serve God's kingdom?

To his own disciples he explained everything in private. Who have been my best teachers in the faith? Where do I turn for answers to my questions about my faith?

After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:

Closing Prayer:

It is good to give thanks to the LORD,
to sing praise to your name, Most High,
To proclaim your kindness at dawn
and your faithfulness throughout the night.

The just one shall flourish like the palm tree,
like a cedar of Lebanon shall he grow.
They that are planted in the house of the LORD
shall flourish in the courts of our God.

They shall bear fruit even in old age;
vigorous and sturdy shall they be,
Declaring how just is the LORD,
my rock, in whom there is no wrong.

(From Psalm 92)

Living the Word This Week

How can I make my life a gift for others in charity?

Give thanks to God for the gift of creation and pray for those who care for it.

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