

Lectio Divina



Lectio Divina for the Third Week of Easter

We begin our prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Grant, we pray, almighty God,
that we, who have come to know
the grace of the Lord's Resurrection,
may, through the love of the Spirit,
ourselves rise to newness of life.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit, God, for ever and ever.

Collect, Friday of the Third Week of Easter

Reading (*Lectio*)

Read the following Scripture two or three times.

Luke 24:13-35

That very day, the first day of the week, two of Jesus' disciples were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him. He asked them, "What are you discussing as you walk along?" They stopped, looking downcast. One of them, named Cleopas, said to him in reply, "Are you the only visitor to Jerusalem who does not know of the things that have

taken place there in these days?" And he replied to them, "What sort of things?" They said to him, "The things that happened to Jesus the Nazarene, who was a prophet mighty in deed and word before God and all the people, how our chief priests and rulers both handed him over to a sentence of death and crucified him. But we were hoping that he would be the one to redeem Israel; and besides all this, it is now the third day since this took place. Some women from our group, however, have astounded us: they were at the tomb early in the morning and did not find his body; they came back and reported that they had indeed seen a vision of angels who announced that he was alive. Then some of those with us went to the tomb and found things just as the women had described, but him they did not see." And he said to them, "Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Christ should suffer these things and enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the Scriptures. As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, "Stay with us, for it is nearly evening and the day is almost over." So he went in to stay with them. And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, "Were not our hearts burning within us while he spoke to us on the way and opened the Scriptures to us?" So they set out at once and returned to Jerusalem where



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they found gathered together the eleven and those with them who were saying, “The Lord has truly been raised and has appeared to Simon!” Then the two recounted what had taken place on the way and how he was made known to them in the breaking of bread.

Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.

Prayer (*Oratio*)

Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.

Contemplation (*Contemplatio*)

Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

They were conversing about all the things that had occurred. How can I make my words kinder and more charitable? When is the last time I discussed my faith with someone?

Was it not necessary that the Christ should suffer these things and enter into his glory? What suffering is God asking me to bear right now? How can I see Christ in those who are suffering?

He was made known to them in the breaking of bread. How do I demonstrate my faith in and love for the Holy Eucharist? What fruits do I receive in attending Mass?

After a period of silent reflection and/or discussion, all recite the Lord’s Prayer and the following:

Closing Prayer:

Keep me, O God, for in you I take refuge;
I say to the LORD, “My Lord are you.”
O LORD, my allotted portion and my cup,
you it is who hold fast my lot.

I bless the LORD who counsels me;
even in the night my heart exhorts me.
I set the LORD ever before me;
with him at my right hand I shall not be disturbed.

Therefore my heart is glad and my soul rejoices, my
body, too, abides in confidence;
because you will not abandon my soul to
the netherworld,
nor will you suffer your faithful one to
undergo corruption.

You will show me the path to life,
abounding joy in your presence,
the delights at your right hand forever.

From Psalm 16

Living the Word This Week

How can I make my life a gift for others in charity?

Spend some time praying before the Blessed Sacrament or reflecting on the resources available at www.eucharisticrevival.org.

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