

# Lectio Divina



## Lectio Divina for the Eighteenth Week in Ordinary Time

*We begin our prayer:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Draw near to your servants, O Lord,  
and answer their prayers with unceasing kindness,  
that, for those who glory in you as their Creator and  
guide,

you may restore what you have created  
and keep safe what you have restored.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
one God, for ever and ever.

(Collect, Eighteenth Sunday in Ordinary Time)

### Reading (*Lectio*)

Read the following Scripture two or three times.  
Matthew 14:13-21

When Jesus heard of the death of John the Baptist, he withdrew in a boat to a deserted place by himself. The crowds heard of this and followed him on foot from their towns. When he disembarked and saw the vast crowd, his heart was moved with pity for them, and he cured their sick. When it was evening, the disciples approached him and said, “This is a deserted place and it is already late; dismiss the crowds so that they can go to the

villages and buy food for themselves.” Jesus said to them, “There is no need for them to go away; give them some food yourselves.” But they said to him, “Five loaves and two fish are all we have here.” Then he said, “Bring them here to me,” and he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, and looking up to heaven, he said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. They all ate and were satisfied, and they picked up the fragments left over—twelve wicker baskets full. Those who ate were about five thousand men, not counting women and children.

### Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

*If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.*



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## Prayer (*Oratio*)

*Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.*

## Contemplation (*Contemplatio*)

*Read the Scripture again, followed by this reflection:*

What conversion of mind, heart, and life is the Lord asking of me?

*The crowds heard of this and followed him on foot from their towns. What encouraged me to follow Jesus? Where is God calling me to go?*

*His heart was moved with pity for them. What pain do I need to entrust to the heart of Jesus? How can I be more compassionate toward others?*

*There is no need for them to go away; give them some food yourselves. How have I pushed people away from God because of my words or actions? How can I attend to others' needs more generously?*

*After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:*

## Closing Prayer

The LORD is gracious and merciful,  
slow to anger and of great kindness.

The LORD is good to all  
and compassionate toward all his works.

The eyes of all look hopefully to you,  
and you give them their food in due season;  
you open your hand  
and satisfy the desire of every living thing.

The LORD is just in all his ways  
and holy in all his works.

The LORD is near to all who call upon him,  
to all who call upon him in truth.

(From Psalm 145)

## Living the Word This Week

*How can I make my life a gift for others in charity?*

Contribute time, food, or money to a local food pantry.

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