We begin our prayer:
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Look upon those who call to you, O Lord, and sustain the weak; give life by your unfailing light to those who walk in the shadow of death, and bring those rescued by your mercy from every evil to reach the highest good. Through Christ our Lord.

(Prayer over the People, Sunday of the Fourth Week of Lent)

Reading (Lectio)
Read the following Scripture two or three times.
John 9:1, 6-9, 13-17, 34-38

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, “Go wash in the Pool of Siloam” — which means Sent. So he went and washed, and came back able to see.

His neighbors and those who had seen him earlier as a beggar said, “Isn’t this the one who used to sit and beg?” Some said, “It is,” but others said, “No, he just looks like him.” He said, “I am.”

They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, “He put clay on my eyes, and I washed, and now I can see.” So some of the Pharisees said, “This man is not from God, because he does not keep the sabbath.” But others said, “How can a sinful man do such signs?” And there was a division among them. So they said to the blind man again, “What do you have to say about him, since he opened your eyes?” He said, “He is a prophet.”

They answered and said to him, “You were born totally in sin, and are you trying to teach us?” Then they threw him out.

When Jesus heard that they had thrown him out, he found him and said, “Do you believe in the Son of Man?” He answered and said, “Who is he, sir, that I may believe in him?” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “I do believe, Lord,” and he worshiped him.

Meditation (Meditatio)
After the reading, take some time to reflect in silence on one or more of the following questions:
- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.
Prayer (Oratio)
Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.

Contemplation (Contemplatio)
Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

So he went and washed, and came back able to see. How can I be more attentive to God’s presence in my life? How can I be more attentive to the needs of those around me?

And there was a division among them. How do my actions add to the divisiveness present in our culture? How can I be a force for unity?

He said, “I do believe, Lord,” and he worshiped him. How can I dedicate more time to prayer, worship, and service? How committed am I to learning more about my faith?

After a period of silent reflection and/or discussion, all recite the Lord’s Prayer and the following:

Closing Prayer:
The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; beside restful waters he leads me; he refreshes my soul.

He guides me in right paths for his name’s sake. Even though I walk in the dark valley I fear no evil; for you are at my side With your rod and your staff that give me courage.

You spread the table before me in the sight of my foes; you anoint my head with oil; my cup overflows.

Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the LORD for years to come.

(From Psalm 23)

Living the Word This Week
How can I make my life a gift for others in charity?

Make plans to receive the Sacrament of Penance before Lent ends.