

Lectio Divina



Lectio Divina for the Sixth Week of Easter

We begin our prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Constantly shape our minds, we pray, O Lord,
by the practice of good works,
that, trying always for what is better,
we may strive to hold ever fast to the Paschal
Mystery.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
one God, for ever and ever.

(Collect, Saturday of the Sixth Week of Easter)

Reading (*Lectio*)

Read the following Scripture two or three times.
John 14:23-29

Jesus said to his disciples: "Whoever loves me will keep my word, and my Father will love him, and we will come to him and make our dwelling with him. Whoever does not love me does not keep my words; yet the word you hear is not mine but that of the Father who sent me.

"I have told you this while I am with you. The Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all that I told you. Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid. You heard me tell you, 'I am

going away and I will come back to you.' If you loved me, you would rejoice that I am going to the Father; for the Father is greater than I. And now I have told you this before it happens, so that when it happens you may believe."

Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.



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Prayer (*Oratio*)

Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.

Closing Prayer:

May God have pity on us and bless us;
may he let his face shine upon us.
So may your way be known upon earth;
among all nations, your salvation.

May the nations be glad and exult
because you rule the peoples in equity;
the nations on the earth you guide.

May the peoples praise you, O God;
may all the peoples praise you!
May God bless us,
and may all the ends of the earth fear him!

(From Psalm 67)

Contemplation (*Contemplatio*)

Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

Whoever loves me will keep my word. How often do I read or pray with Scripture? How can Scripture help me to discern God's will?

Do not let your hearts be troubled or afraid. What is troubling me? What things calm my heart?

And now I have told you this before it happens, so that when it happens you may believe. What strengthens my faith? How can I support others on their faith journey?

After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:

Living the Word This Week

How can I make my life a gift for others in charity?

Prepare for Sunday Mass by reading and reflecting on the Scriptures for the day. Use the notes and study aids in your Catholic Bible to come to a better understanding of the Scripture text.

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